


Crew Name(s):	rty	Date & Shift:	24/10/2025	DAY
Supervisor Name:	fgh	Supervisor Signature:		

STEP 1: SIGNS AND SYMPTOMS (please tick)

Has there been a change in the crew's behavior? If so, what have you observed and who?

APPROACH	tertghf
Physical symptoms	<input checked="" type="checkbox"/> Eyes bloodshot <input checked="" type="checkbox"/> Poor co-ordination <input type="checkbox"/> Slower movements <input type="checkbox"/> Other
Mental functioning	<input checked="" type="checkbox"/> Distracted from task <input checked="" type="checkbox"/> Short term memory loss (forgets instruction) <input type="checkbox"/> Zombie like behaviour <input type="checkbox"/> Poor concentration <input type="checkbox"/> Nodding off momentarily <input type="checkbox"/> Other
Emotion / motivation	<input type="checkbox"/> Seems depressed like behaviour <input checked="" type="checkbox"/> Easily frustrated with tasks <input type="checkbox"/> Irritable <input type="checkbox"/> Other

STEP 2: RISK

Has a fatigue related incident occurred? fgh	Is there a reason for not enough sleep or poor sleep (stress, relationship, childcare, substance use etc)? 456456
Has an employee self-report/ by another person/ been identified as at risk of fatigue? fgh	What tasks have they been performing? 45gfh
Is there a risk associated with an employee's functioning/ behaviour? fgh	Are those tasks 'high-risk' for fatigue (e.g. repetitious or entail not constant activity)? gfhf
What is the employee's explanation for the behaviour you have observed? 5	If yes, how long have they been working on that task? fgh
How many hours since the employee last slept? fgh56	How long was the break? fgh
When did they last have a break? 456546	when did they last drink water or eat something (dehydrated or hungry)? fgh
How do they usually prevent fatigue? 456	How do they usually prevent fatigue? 456
Opinion regarding level of fatigue: <input checked="" type="checkbox"/> Unsafe to work <input type="checkbox"/> Safe to work <input type="checkbox"/> Restricted duties	

TIME IN	Area:	Step 1 Status	Step 2 Status	COMMENT	PC Signature	PC TIME OUT
19:34	fgh	gh	fghg	fgh		19:34
